

# The 29<sup>th</sup> Annual Tulip Festival Road Race and Tulip Walk

Sponsored by the **MOCHA KIWANIS CLUB** **SATURDAY MAY 16, 2009**

All proceeds are donated to area service projects and charitable organizations serving the children of the community.



**RETURNING THIS YEAR** ALL SPORT CENTRAL WILL HANDLE ONLINE REGISTRATION AND EVENT TIMING!

**Place: WINDMILL PARK – downtown Orange City. Check-in & packet pickup are at the Shelter House. The race starts on Arizona Ave. at the NW corner of the park.**

**Events:** Men's 5K  
 Women's 5K  
 Men's 10K  
 Women's 10K  
 One mile and 5K Tulip Walks (no age divisions)

**Age Divisions:**  
 1) 17 & under  
 2) 18 – 25  
 3) 26 – 35  
 4) 36 – 45  
 5) 46 – 55  
 6) 56 & +

**Entry Fee:** Before April 1 - \$18  
 April 1 thru April 30 - \$20  
 May 1 thru May 15 \$25  
**ONLINE REGISTRATION ENDS: Thursday, May 14 at 500 pm**

**Times:** **Friday, May 15: 6:30 – 9:00 pm Final Registration & Packet pick-up (Strongly recommended)**  
**Saturday May 16: 7:00 – 7:45 am Check-in & Warm-up**  
 8:00 am Race time (All events)  
 10:00 am (approx) Presentation of awards

**Awards:** \$40 cash prize is awarded to the overall winner of the men's and women's 5K and 10K races.  
 \$20 cash prize to the overall 2<sup>nd</sup> place finisher of the men's and women's 5K and 10K races.  
 A commemorative tile will be awarded to the 1<sup>st</sup> place finisher in each race and age division.  
 2<sup>nd</sup> and 3<sup>rd</sup> place finishers in each division receive race certificates.

**Course:** The course begins and ends at picturesque Windmill Park (bring your cameras), winds through residential neighborhoods on hard surface roads and is flat with a few gradual inclines. Race routes are point-to-point loop courses and measure 5K (3.1 miles); 10K (6.2 miles) runners complete two laps. **The course is officially certified.** (USATF #IA-08004MP)

**Misc:** PRE-REGISTERED participants will receive a T-Shirt. Showers are available at Vet's Park on Michigan Avenue. Water, juice, and fruit provided after the race. **Family Discount:** Family of 2 - \$30; Family of 3 - \$40; Family of 4 - \$50. Family discount is available **prior to May 1 only.** (Family registration is limited to members of one household - parents and their children or siblings under 18). Registration must be completed for each member.

**To Register:** Register online at [www.AllSportCentral.com](http://www.AllSportCentral.com) OR Complete & return registration with entry fee:  
 (Preferred registration method)



Kiwanis Road Race  
 C/O IOWA STATE BANK  
 PO Box 170  
 Orange City, IA 51041

Make checks payable to MOCHA Kiwanis. No Refunds.  
 Contact Pam Boonstra 712-548-7148 or 712-737-4656  
 Email: [pboonstra@orangecitycomm.net](mailto:pboonstra@orangecitycomm.net)  
 Visit [www.octulipfestival.com](http://www.octulipfestival.com)

**ALL REGISTRATION ENDS FRIDAY, MAY 15 2009 9:00 PM**

## REGISTRATION FORM

Name \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City, State, ZIP \_\_\_\_\_  
 E-mail (required): \_\_\_\_\_  
 Signature: \_\_\_\_\_

Gender: Male \_\_\_\_\_ Female \_\_\_\_\_  
 Age (on raceday): \_\_\_\_\_ Family/Team name \_\_\_\_\_  
 Division: 5k run \_\_\_\_\_ 10K run \_\_\_\_\_  
 5K walk \_\_\_\_\_ 1 mi walk \_\_\_\_\_  
 T-Shirt: S M L XL XXL